

2026 Competition Schedule Overview

Competition Schedule. See below for coaches meetings, check-in, and warm-ups times.

SPORT		LOCATION	FRIDAY 11/13	SATURDAY 11/14	SUNDAY 11/15
Bocce		Dixon Center, Cabrini University	1:30 P.M. – 4:30 P.M.	9:00 A.M. – 5:30 P.M.	9:00 A.M. – 12:00 P.M
LDR/W		Sheehan Beach	1:30 P.M. - 2:30 P.M.	9:00 A.M. – 1:00 P.M.	8:30 A.M. – 10:00 A.M.
Flag Football	TEAM	Austin Field	1:00 P.M. - 4:30 P.M.	8:00 A.M. – 4:00 P.M.	8:00 A.M. – 12:00 A.M.
	Individual Skills	Pike Field	2:00 P.M. -3:00 P.M.	2:00 P.M. – 3:00 P.M.	
Powerlifting		Villanova Room, Connelly Center Weigh-Ins: St. David Room, Connelly Center	2:00 P.M. - 5:30 P.M.	8:30 A.M. – 4:30 P.M.	
Soccer	Individual Skills	Pike Field	1:30 P.M - 5:00 P.M	1:00 P.M. – 5:00 P.M.	
	5 v 5	Villanova Stadium	1:30 P.M. – 3:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00 P.M.
	7 v 7	Pike Field	1:30 P.M. – 4:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00 P.M.
Volleyball	Individual Skills	St. Mary's Gym	1:00 P.M. - 5:00 P.M.	8:00 A.M. - 12:00 P.M.	
	All-Stars	Jake Nevin Field House (Friday), Agnes Irwin School Gym (Saturday & Sunday)	1:00 P.M. – 5:00 P.M.	8:00 A.M. – 4:00 P.M.	8:00 A.M. – 11:30 A.M.
	Champions	Jake Nevin Field House	1:00 P.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 11:30 A.M.

